

SPORTS EXCELLENCE

The competitive sports programme runs in addition and parallel to the “You-Time!” programme. It is staffed by teachers and coaches and is coordinated by the Director of Sport and Activities. Students, if selected to represent the school, are required to demonstrate commitment, dedication and sportsmanship throughout the season.

The school year is split into 3 seasons (each approximately 8 weeks in length), for 5 age groups:

	Season 1 (Aug-Nov)	Season 2 (Nov-Feb)	Season 3 (Feb-May)
Under 11	Basketball	Football	T-Ball Athletics
Under 13	Basketball	Football	Softball Volleyball Athletics
Under 15	Basketball	Football	Tennis Volleyball Athletics
Junior Varsity (Under 17)	Football	Basketball	Badminton Softball
Varsity (under 19)	Football	Basketball, Rugby, Touch Rugby, Tennis	Badminton Softball
All Year Sports Programmes	Gymnastics / Swimming /Tennis		

The main competition is against local international schools who are all members of BISAC (Bangkok International Schools’ Athletic Conference). There are matches scheduled every week and an end-of season tournament in most sports.

SELECTION OF TEAMS

All student athletes must attend try-outs in order to be selected for the seasonal team. For the sake of equal opportunities and transparency of policy there can be no exceptions.

If a student is absent, or is injured at the time of try-outs, his/her parents must contact the Sport and Activities Office in order to arrange a suitable alternative time.

Initial Season 1 training: **Week beginning 29th August 2011**

SEASON 1 2011 -2012

	Season 1	COACHES / DETAILS	TRAINING DAYS
Under 11 BOYS	Basketball	Steve Kelly George Luther Nick Dunn	Thursday and Friday (Court 3)
Under 11 GIRLS	Basketball	Nicky Page Khun Beau Megan Jones	Wednesday (Court 2) Friday (Court 2)

Under 13 BOYS	Basketball	Paul Jackson	Monday & Thursday (Court 3)
Under 13 GIRLS	Basketball	Coach Gieng	Wednesday & Friday (Court 1)
Under 15 BOYS	Basketball	Kevin Hall	Monday & Thursday (Court 1)
Under 15 GIRLS	Basketball	PJ Rozario	Wednesday & Friday (Court 2)
Under 17 BOYS	Football	Mike Tweddle Ian Squires	Wednesday & Friday (Canterbury Pitch / Chatrium)
Under 17 GIRLS	Football	Lee McKernan	Monday & Thursday (Chatrium Pitch)
U15 Girls FOBISSEA	Football	Simone O'Connor	Monday & Thursday (Chatrium Pitch)
Under 19 BOYS	Football	Mike Tweddle Ian Squires	Wednesday & Friday (Canterbury Pitch / Chatrium)
U15 Boys FOBISSEA	Football	Mike Tweddle	Wednesday & Friday (Canterbury Pitch / Chatrium)
U13 Boys Pre-Season Football	Football	Ian Squires	Wednesday (Canterbury Pitch)
U17 Girls	Volleyball	Misao Akashi	Monday & Wednesday
U13/U15 BOYS / GIRLS	Rugby	Steve Kelly / Martin Kirk / Robert Groves Jo Phillips	Friday (Canterbury Pitch)
U17 Boys	Volleyball	Paul Jackson	Monday & Thursday (3.45-5pm)
Y4/Y5/Y6 Boys Football	Junior Football Excellence	Tom Foster Gareth Clarke Ryan Kendall Khun Tong Mark Verde George Luther (Nov)	Monday (Canterbury Pitch) Wednesday (Chatirum)
Y4/Y5/Y6 Girls Football	Junior Football Excellence	Paul Higgins	Monday (Canterbury Pitch)
Gymnastics Level 1/2	Boys/Girls	Nick Dunn Thai Coaches Mr Fidge	Monday, Wednesday, Thursday 2.30 - 3.45
Gymnastics Level 3/4/5	Boys/Girls	Nick Dunn Thai Coaches	Monday, Wednesday, Thursday 3.45 - 5.30 Tuesday 2.45- 4.45

Swimming Blue Squad		swimmers select 1 day	Mondays, Wednesday or Friday 2.45 – 3.30
Swimming Green Squad		swimmers select 1 day	Mondays, Thursdays or Fridays 2.45 – 3.30
Swimming Yellow Squad		swimmers select 2 days	Wednesdays ,Thursdays 2.45 – 3.30 Thursdays 3.30 – 4.30
Swimming Red Squad		swimmers select 2 days	Mondays, Wednesday, Friday 3.30 – 4.30
Swimming Bronze Squad		Swimmers select a minimum of 2 days	Mondays,Wednesday,3.30-4.30 Thursday 4-5 pm
Swimming Silver Squad		swimmers select a minimum of 2 days (1 day must include land training)	Mondays, Wednesday, 2.45 – 5.00 (land training 2.45 – 3.15) Thursday,4 -5pm Friday morning 6.30 – 7.30am Thursday mornings(Land training only)6.30 – 7.30am
Swimming Gold Squad		swimmers select a minimum of 2 days (1 day must include land training)	Mondays, Wednesday, 2.45 – 5.00 (land training 2.45 – 3.15) Thursday,4 -5pm Monday mornings 6.30 – 7.00am Wednesday, Friday mornings 6.30 – 7.30am Thursday mornings Land training only 6.30 – 7.30am
Swimming Platinum Squad		swimmers select a minimum of 2 days (1 day must include land training)	Mondays, Wednesday, 2.45 – 5.00 (land training 2.45 – 3.15) Thursday, Friday 4 -5pm Monday mornings 6.30 – 7.00am, Wednesday, Friday mornings 6.30 – 7.30am Thursday mornings Land training only 6.30 – 7.30am
Waterpolo	open	Vicki Gill	(Boys)Monday,(Girls)Wednesday Lunchtimes Friday 3 -4pm

Synchronised Swimming	open	Vicki Gill	Tuesday Lunchtimes 12.10 -12.40 Thursdays 2.45-4.00pm
Aqua Aerobics	open	Vicki Gill	Tuesdays 3.30 – 4.30pm
U13 Tennis Team		SHB Tennis Academy	Monday, Tuesday, Wednesday, Thursday & Friday. (3.30pm)
U15 FOBISSEA Team	Athletics	Nick Dunn / Mr Mogford Khun Nam & Khun Jan	Tuesday (Canterbury Field)
Strength & Conditioning	All teams	Total Body Training Mr George	Tuesday 3.30-4.30pm
Golf Team		Shaun Meany Angus Turkington Edward Johnson	Wednesday 2.40 – 4.30pm (Driving Range)

Students' swimming squads will be decided after the time trials which will happen during the first week of term.

Running Club

Wednesday 6.30 – 7.15am

Do you enjoy running or would like to improve your fitness? Shrewsbury is in the unique position of offering a running club in the morning before school using our outside track. This is a great opportunity of improving your cardiovascular fitness and to start your day. Invitations will be made to select runners, but all students are invited to participate.

Teacher: Ms Mason

DRAMA EXCELLENCE PROGRAMME

During Term 1 the Drama Department will be producing a performance which will be performed at the end of December in the Khunying Sumanee Memorial Hall. This is a great opportunity for our students to demonstrate their theatrical skills and exceptional qualities on stage. It is by no means open just to students of drama, and we would love to see some new faces auditioning. It is always an incredible experience, a great opportunity to work with people from all different year groups and is a lot of fun.

If you would like to be involved in this production, whether as an actor or in stage management please come to the auditions during the first week of term. You do not need to have any previous experience of theatre or acting to take part.

If you are selected you must commit to **Monday** and **Thursday** rehearsals after school 4 – 5.30pm, with extra commitments after half term as the rehearsal process continues.

MUSIC EXCELLENCE PROGRAMME

Welcome back to the start of another very busy term in the Music Department. Ensemble rehearsals will resume on **Wednesday 24 August 2011**. Instrumental lessons will begin on **Monday 29 August 2011**.

All music excellence programme ensembles are open to all students at the school from **Year 1 and above**; however, **please note that, for some ensembles, students will need to be**

assessed by a member of the Music Department staff and will then be placed in the appropriate ensemble.

Monday

2:50 – 3:30 Year 1 Choir
2:50- 3:30 Intermediate Choir (Years 5-7)
2:50 – 3:45 Symphony Orchestra Strings
2:50 – 3:45 Symphony Orchestra Wind

Tuesday

12:10 -12:50 Prep Choir (Years 3-4)
12:20 -12:50 Senior Chamber Ensemble 1
2:50 – 3:45 Intermediate String Orchestra
2:50 – 4:00 Senior Choir (Years 8-13)
4:00 – 5:00 Last Night of the Proms Choir (Years 12-Adult)

Wednesday

11:50 -12:20 Junior Quartet
12:20 -12:50 Senior Chamber Ensemble 2
2:50 – 3:30 Year 2 Choir
2:50 – 4:00 Jazz Ensemble
2:50 – 4:00 Chamber Choir
2:50 – 3:30 Cantar Dolce (Years 7-13 Girls)

Thursday

11:50 -12:20 Junior Strings
12:20 -12:50 Senior String Ensemble
2:50 – 3:45 Intermediate Wind Ensemble
3:00 – 4:00 Student Recitals

Friday

2:50 - 4:30 Symphony Orchestra

If you would like to be involved in any of these music excellence groups, please contact the Music Office.

The school also offers all students the opportunity to have Instrumental Music lessons at school. The majority of lessons take place during the school day with students coming out of curriculum time on rotation to attend their lessons; senior students from year 9 upwards are timetabled to have their Instrumental Music lessons outside of curriculum time. Lessons are usually 30 minutes in length and are taught by visiting teachers who are all practising professional musicians working with the Bangkok Symphony Orchestra, The Thailand Philharmonic Orchestra and other professional ensembles in Bangkok.

Instruments taught at Shrewsbury International School

Piano	Flute	Trumpet
Violin	Clarinet	Horn
Viola	Oboe	Trombone
Cello	Bassoon	Percussion (Orchestral and Drum Kit)
Double Bass	Saxophone	Guitar Classical and Rock
Harp	Thai Instruments	Voice

Please contact the Music Department directly if you would like your child to be involved in this extra instrumental tuition.

Excellence Programme Concerts

Term 1	Music Scholars' Concert; Last Night of the Proms; Ploenchit Fair; Chamber Music Concert; Choral Christmas Concert; Senior Soirée; Student Recitals; Bangkok International Choral Festival
Term 2	Senior Soirée; Student Recitals; Spring Serenade; FOBISSEA Primary Performing Arts Carnival
Term 3	Summer Concert; Senior Soirée; Student Recitals

INTERNATIONAL AWARD

Over the last four years this activity has become one of the most popular clubs at Shrewsbury International School for our senior students. Over 300 students have now completed their Bronze award at school and each year more and more students are achieving the highly acclaimed gold award.

The aim of the IA scheme is to encourage a spirit of adventure, discovery and community responsibility. Students all over the world take part and universities, plus future employers, value it highly.

There are four sections in which you take part: service, skill, physical recreation and everyone's favourite - the expedition!

Each Award requires hard work, dedication but also a whole lot of fun. There are three awards: Bronze, Silver and Gold. All awards require residential trips away, and for the Silver and Gold you have the opportunity of travelling to Hawaii.

Initial dates for IA Expeditions 2010 / 2011:

Bronze Award:

Practice:	11 Nov - 13 Nov	Y10	Khao Yai
	18 Nov - 20 Nov	Y10	Khao Yai
Final:	2 Mar - 4 Mar		Khao Yai
	16 Mar - 18 Mar		Khao Yai

Silver Award:

Practice:	30 Sep -3 October		Khao Sam Roi Yot
	28-31 October		Khao Sam Roi Yot
Final:	26-29 November		Chiang Rai
Final:	3-6 February		Chiang Rai
	10-13 February		Chiang Rai

Gold Award:

Final:	2-6 December		Koh Chang
Final:	18 -29 March		New Zealand

If you would like to be involved in the IA please sign up directly with the following teachers:
Mr Rozario (Gold Award)
Mr Robinson (Silver Award)
Mr Appleyard (Bronze)

The Bronze activity requires a commitment of a **Wednesday** or **Thursday** 2.30 – 3.30pm

Model United Nations

Monday & Thursday

This activity is run separately from the "You-Time!" programme as students have to commit for two terms to achieve the benefits of this course. This year the course is open to students (Year 9-13).

MUN is a simulated session of the United Nations in which you get to be a delegate for a member country.

It gives you the opportunity to become familiar with speaking in public and present your point of view on major world issues.

You will also learn how the UN functions, meet lots of new friends and have a great addition for your CV!

In addition to travelling and competing in debates against other schools there will be the opportunity of travelling abroad and competing in an international debating competition.

If you would like to be involved in this club please sign up directly with Mr Howard.

Teachers: Mr Howard, Mr Williams, Mr Johnson, Mr Groves, Ms Storey

Language Excellence Programme

Thursday

First Language Excellence in French, Mandarin and Spanish

The aim of this activity is to provide specialist support for students who have a language other than English or Thai as their First Language. These sessions will be conducted exclusively in the Foreign Language and will be designed to develop and enhance the linguistic ability of the students involved, using authentic materials taken from cultural, literary and digital sources. These sessions will be by invitation only and would require a commitment from the students over three terms of the year. Suitable candidates could ultimately be put forward for a First Language IGCSE qualification.

Teacher: Ms Rosa / Ms Mower (MFL Dept)

Astrophysics

(Y9+)

Wednesday

This activity can be taken for two terms as it will focus on looking at the broader spectrum of physics and electronics. Students will work across five areas throughout the two terms:

1. Homework follow up: Physics Homework Clinic - For exam classes only (11, 12, 13).
2. Hobby Electronics - : Range of electronic projects to choose from or How to build a pc and designing circuits using a software package.
3. Intel International Science and Engineering Fair
4. Astrophysics-: Research into the main parts of Astrophysics and Cosmology - need a laptop.
5. A level Research: - Help with research projects as part of their course and homework criteria - Designing, building, testing, observing, evaluating and analysing data for a research projects to improve understanding and bridge the gap between A level and University - need a laptop.

Teacher: Mr Flavell

Chess Excellence (Junior and Senior)

Thursday

In this club you will learn how to play Chess, the ultimate battle game, but one fought with the mind. Discover some of the secrets of the Grand Masters; learn how to destroy your opponent with a series of dazzling moves. This is an excellence club where the students will learn how to compete in chess and will be involved in competitive matches against other school.

Teacher: Mr Dowd

Maths beyond the Classroom

Monday

This is intended primarily for students in Years 12 and 13 to tackle and discuss unfamiliar problems in all areas of Mathematics. This is meant for able students and a selection process

will be followed for all those who would like to participate. The course will assist students wishing to apply to Oxbridge this year.

Teachers: Mr Evans

SEAMC- South East Asia Mathematics Competition. Monday

Open to Year 10 students. All students welcome. Team to be picked in January. Competition in Singapore during February half term.

Teacher: Mrs. Almeida and Mr. Baxter

Comprehension Corner

Wednesday

This club will concentrate on reading and comprehension activities. It is aimed at helping the EAL children to understand fiction and non-fiction texts related to the mainstream curriculum. It will be opened to Year 3 EAL students only.

Teacher: Ms. Sam

Open Studio Art Club

(Y7+)

Monday, Wednesday and Thursday

During term 1 the art rooms will be open after school for you to work, practise and develop your skills in Art and Design. This is a great opportunity for you to explore new techniques and ideas and develop your existing skills. You do not need to sign up for this activity. This activity is in addition to your one "You-Time!" club.

Teachers: Art Department